

Notes about the subjectivity and the subjective processes in the modern world and their impact on clinical psychotherapeutic

Abstract

This article aims to discuss the issue of subjectivity and subjective processes in the contemporary world and their impact on clinical psychology. We attempted to perform a critical review on how to characterize the subjectivity, especially nowadays. We use the concept of postmodernity to characterize our contemporary living in order to describe the dynamics of this postmodernity, relating it to the subjective processes developed nowadays. It also conducts to the question of what could be the role of psychology in this context, and we discuss the possible positioning of its professional in managing and helping their patients on the current situation. Finally, it is considered that directs the issue of subjectivity is complex, however, it is possible to consider that the clinical psychologist interested and willing to really help your patients to understand the processes that currently are involved, first of all, how to learn for understanding these processes.

Key-words: Subjectivity; Processes of subjectivity; Postmodernity; Psychology.