

Burnout in universities professors

Abstract

The purpose this study was to analyze the influence that sociodemographic variables (gender, maximum tenured, field of action) and the affective organizational commitment carries out in the development of *burnout* in its dimensions - exhaustion, cynicism and inefficacy. 233 lecturers of a university situated in the Center-West of Brazil had participated of the research. The used instruments had been: Maslach Burnout Inventory, questionnaire of evaluation of the affective commitment and questions concerning the sociodemographic variables. It was make used for the statistical analyses: test *t*, multiple analysis of variance and linear regressions. It was observed that the sociodemographic variables precede the commitment and the burnout and that the (dis) commitment can carry out influence in the development of burnout.

Keywords: burnout; facult members; organizational commitment