

Associated variables with Subjective Well-being in university students in Mexico and Brazil

Abstract

This study describes variables related to subjective well-being and cultural correlates of personality in young university students in Mexico and Brazil. 3768 students participated from five universities in Mexico and Brazil, mainly distributed in age between 18 and 26. International Survey was used for University Students (Diener, 2001). The results obtained agree with those reported by Diener (1999) with regard to subjective well-being is composed of overall satisfaction with life and the balance of the affections. On the other hand, seems to be a model of happiness, both Mexican and Brazilian youth, associated in the foreground with his relationship with family and friends, then its objectives, along with their values and health, physical attractiveness and romantic relationship and finally on the verge of unhappiness with the teachers and the country's economy.

Key Words: Subjective well-being, satisfaction with life, positive affect, college students.